

1st Annual CARDIAC FUN 5k Run/Walk



April 12, 2008

PLACE: Registration will be in the parking lots between Ruby Memorial Hospital and Mountaineer Field in Morgantown, WV.

COURSE: The **5K course** is a rolling, two-loop course with one water stop and mile split times.

IMPORTANT TIMES:

On-site Registration: 8:00-9:30 am

Run: 10:00 am

Walk: 10:10 am

Kids Run: 11:00 am

Contact Persons:

Emily Murphy
304-293-0767
emurphy@hsc.wvu.edu

OR

Jennifer Snyder
jsnyde19@mix.wvu.edu



An Affiliate of
America On the Move

Sponsored By: West Virginia on the Move, the CARDIAC Project
and WVU Children's Hospital

****No dogs, baby strollers, or headphones are permitted. This is in accordance with Road Runner Club of America guidelines.****

COST:

Pre-Registration:

Children (under 18): **\$8**

Adults (18 and over): **\$10**

*****All pre-registrants are guaranteed a t-shirt*****

On-site Registration:

Children (under 18): **\$10**

Adults (18 and over): **\$15**

PAYMENT INFORMATION:

Make Checks Payable to:

West Virginia on the Move

Send Registration and Checks to:

CARDIAC PROJECT

Attn: Emily Murphy

1 Medical Center Drive, PO Box 9214

Morgantown, WV 26506-9214

KIDS ACTIVITIES:

- Children must be 2-7 years old.
- There will be two kids' races: A short distance race for younger kids & a 1K for older kids.
- Participation is free.
- Parents can register children on the morning of the race.

PRIZES:

Prizes will be awarded in overall 5K Walk and Run categories. Trophies will be awarded to the top three male/female groups and to age group winners.

******* For additional registration forms please visit cardiacwv.org
or call 1-866-347-4757*******

Registration Form: (Fill out (Cut Here) one form per participant)

Name: _____ Phone: (____) _____ - _____

Age: _____ Gender (please circle): Male Female

Check event: Adults: _____ 5K Run _____ 5K Walk
Youth: _____ 5K Run _____ 5K Walk

T-Shirt-Size: Adult: ___ S ___ M ___ L ___ XL
Youth: ___ S ___ M ___ L

Total Amount of Check (enclosed): _____

I hereby—for myself, my executors, and my administrators—waive any and all rights and claims I may have against West Virginia University, the City of Morgantown, individuals associated with this event, sponsors of this event, or suppliers for injury or damages suffered by me and which may arise out of or in any way be connected with this event. I knowingly assume all risks involved in this event.

Signature: _____

Signature of Parent/Guardian (if under 18): _____